

Body Contouring and Skin Tightening



How It Works

Our body contouring and skin tightening treatments can slow down the aging process and restore the youthful appearance you desire!

The procedure stimulates the body's natural healing response via different temperatures, leading to a dramatic improvement without pain or downtime. This nonsurgical method of eliminating problem areas is safe, easy, and effective!

How to Prepare

First, book a free consultation with one of our medical estheticians to design a plan for your unique physiology.

- » For best results, avoid sun exposure and self-tanning products for 2 weeks prior to your session.
- » Additionally, don't use Retin-A, retinol, glycolic acid, salicylic acid, or any form of vitamin A for 3-5 days prior to the session.
- » If you wear contacts, you'll be advised to remove them before your treatment.

What to Expect

At your session, we'll cleanse your skin and review your goals, and then you'll get to enjoy a comfortable treatment that feels like a hot stone massage. If you're getting a skin tightening treatment, we'll

use a complex algorithm to deliver homogeneous energy and volumetric heating to multiple tissue depths that stimulates the skin's natural collagen and elastin production. For body contouring treatments, we'll target cellulite, sagging skin, and pockets of fat that are resistant to diet and exercise. It will take about 30 minutes, depending on the size of the area.

After Your Session

Use SPF 30+ for at least 30 days after treatment.

Results & Maintenance

Most patients require 8-10 treatments altogether; however, the first results can be seen after 3-4 treatments. Results will last about a year and may require about 4 maintenance treatments per year.



173 Carondelet Plaza, Clayton, MO 63105
(314) 875-9499
www.ethosmedicalsapa.com



Body Contouring and Skin Tightening Pricing Menu

Abdomen	\$300	8 for	\$2,040
Décolleté	\$200	8 for	\$1,360
Face and Neck	\$450	6 for	\$2,295
Full Face	\$350	6 for	\$1,785
Neck	\$300	6 for	\$1,530
Front or Back of Thighs	\$300	8 for	\$2,040
Arms (Triceps)	\$300	8 for	\$2,040
Bra Line/Back Fat	\$300	8 for	\$2,040
Buttocks	\$300	8 for	\$2,040
Flanks	\$300	8 for	\$2,040
Jowls/Submental	\$300	8 for	\$2,040
Legs	\$450	8 for	\$3,060

*More areas available by request.

Book a free consultation or appointment here:
<https://ethosmedicalsapa.com/book-an-appointment/>



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